

**SUICIDE PREVENTION 2015-2017**  
**SOUTHWESTERN DISTRICT HEALTH UNIT**

1. Arranged CALM (Counseling on Access to Lethal Means) with Elaine Frank. Held in September 2015 in Grand Forks, Minot and Dickinson. A total of 108 attendees were trained to be trainers for CALM. Some of these trainers have continued to provide training in their areas. I have provided CALM training to the SWDHU staff, Dickinson Ambulance service, School Nurses across the state, all staff at Bowman School and presented to 55 at Project Ace.
2. Chaplaincy Training – Advance Chaplaincy training was held in Sept 2016 for 3 days with 15 participants.
3. Resources List – Developed a resource list of mental health/addiction providers as well as Suicide prevention hotline numbers. This resource list included Dickinson, Williston and Bismarck areas and was distributed to the local Southwest MultiCounty Correctional Center and the district and municipal courts. A total of 700 resource lists have been distributed.
4. Depression screenings – In July 2015, we began completing the depression screenings at SWDHU. Since July 2015 through October 2016, a total of 3122 depression screenings (PHQ-2) were completed. Ages varied from 14-81+. Of those, 65 completed the PHQ-9 and of those 54 refused help while 11 were referred to services. In December 2015, we started adding a veteran status. Since then 67 veterans completed the depression screening.

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